

December 29, 2009

- **Ski fundraiser is set for Sunday Jan. 31. Led by dynamic Jeff Kantor** of Candia, supporters are coming forth every day. Founding sponsors are Elliot Hospital, McIntyre Ski Area and WGIR AM radio. Partial list of others involved: Manchester Harley Davidson, Chappell Tractor of Milford, NH Auto Dealers Assn., Auto Auction of NE, Chill Day Spa of Manchester, Car World Used Auto Parts, and Print New Hampshire.
- **And more.** Chiefs of Police of NH, E & R Dry Cleaners, Road ID, ActiveDotcomActive, Centrix Bank, and CGF Employee Benefits Group. An anonymous contributor to the SKIBOARDNTUBE fundraiser gave Chair Jeff \$400 but asked Jeff, "Donate it in your name. I don't want my wife to know!"
- **Silent Auction will be held at McIntyre Ski Area on Jan. 31.** Organized by Coalition Secretary Bob Dedrick, all 15 directors will be involved. Expect an email soon on how YOU can help.
- **"Ladies Night Out."** Arlene Creeden, who lost her husband to prostate cancer two years ago, will discuss how prostate cancer impacted her life. The annual event, sponsored by Southern NH Medical Center, will be held this year on Feb. 23. Arlene is chair of the Coalition's new program, "Women for Prostate Health."
- **Chair Harry Purkhiser will discuss the possibility** of offering a similar program at Catholic Medical Center. Kim Kennedy is CMC's Coordinator of Community Health Education.
- **Harry Purkhiser has been elected a vice president of the Coalition.** He replaces Dick Drisko, five term member of the NH House of Representatives, who has left the board after almost four years. Thank you, Dick!
- **Speakers program chair Jim McCormick** is gearing up. More than 20 Rotary Clubs have heard our speakers. They are Don Davidson, Harvey Keye, Russ Leonard, Jack McBriarty and John Sias.
- **Fundraising. Checks have been received** from Common Man Restaurants, and Mrs. Cynthia Allen of Amherst in memory of her husband Jonathan Allen, a victim of prostate cancer.

- **See what's on our web site.** SKIBOARDNTUBE info, our mission, sponsors, previous newsletters, support group meeting info, bios and photos of directors. Also our calendar, FAQ re "Should I get screened?" and links to 15 national prostate cancer organizations.
- **Webmaster Steve Ladew** reports 3-5 hits each day. (On the web site, not on Steve.) He's developing a special page listing those who have given gifts to the Coalition.
- **"A healthy lifestyle provides a 60% reduction in cancer"** said Dr. David Katz of Yale, at a recent health symposium in Manchester, sponsored by Anthem Blue Cross.
- **Two guests at the December directors meeting.** One was Bob Gaulin of East Providence who has volunteered to organize a Prostate Cancer Coalition in Rhode Island. About 31 states have a coalition. The other guest was Telisa Stewart, a doctoral candidate and newly appointed Director of Community Education and Prevention at Norris Cotton Cancer Center in Lebanon.
- **"It is impossible to distinguish between harmless prostate cancer and deadly ones."** This was emphasized recently by urologist John Heaney of Dartmouth Hitchcock Medical Center, also a Dartmouth College professor.